Journal Instructions for Education Courses

You will need to devote 15 hours to your Field Based Experience. For each hour, record your reflections in a journal. Your journal must include the information listed below. Be sure to use proper English grammar and write your responses in paragraph form:

**First Paragraph** (A description of the visit and the activity):

- Describe your assigned responsibilities for this visit
- What was the activity for the day?
- What was the student’s attitude toward the activity?

**Second Paragraph** (A subject specific critical analysis of the service):

- List specific skills or concepts you encountered during your service.
- What did you gain from the activity?
- Describe your progress toward each of your three learning objectives.
- Do you need to update or revise your learning objectives?

**Third Paragraph** (A reflection of the experience):

- How did you feel at the beginning of the visit?
- How did you feel at the end of the visit?
- What were the most difficult and most satisfying parts of this experience?
- What did you learn from this experience?
- Describe how this experience affected your opinions of teaching.

**Reflective Summary**

Write a summary of your Field Based Experience. Include the following in your summary:

- Discuss the impact this experience has had on you.
- Discuss what you have learned about teaching from this experience.
- Discuss what you know about yourself or the community as a result of this experience.
- Discuss any recommendations for making this experience a more valuable learning experience.