General information
Things to remember

- AP books in reserve in the library
- A&P for Health majors
- When you miss class
- Dropping the class
Things to remember

- Do I “bump” grades?
- Weekend emails
- Exams:
  - No hats
  - No drinks (besides water bottles)
  - No food
- Take-home Exam
How should I study? Personal suggestions

- It is personal
  - If your way is working do not change it
  - If it is not working then:
    - Get to know yourself
    - Get Ready for A&P, VARK Questionnaire

- Plan around 3–4 hours of study for each chapter
How should I study? Personal suggestions

- A efficient study should be divided in 3 equal parts:
  - Study
  - Quizzes
    - www.pearsonmylabandmastering.com
  - Review
How should I study? Personal suggestions

- Read the summary of the chapter before the class
- After class, read the whole chapter all the way through
  - Do not stop even if you do not completely understand the details
  - It will give you a general idea of the subject
How should I study? Personal suggestions

- Read the same chapter a second time
  - Slow and processing what you are reading
  - Use mnemonics to help with the memorization
  - Try to associate, link the different concepts
How should I study? Personal suggestions

- Try to “explain to your furniture” what you just read
  - By doing that you will know right away what you did not completely understand
- Practice critical thinking
How should I study? Personal suggestions

- Highlight the important points
- Copy these points on your power point class notes
- Now you have the material you will need for reviewing before the test
The association fibers interconnect areas of neural cortex within a single cerebral hemisphere. Shorter association fibers are called arcuate fibers, because they curve in an arc to pass from one gyrus to another. Longer association fibers are organized into discrete bundles or fasciculi. The longitudinal fasciculi connects the frontal lobe to the other lobes of the same hemisphere.
How should I study? Personal suggestions

- Stop studying 2 hours before the test
  - Do something that relaxes you
  - Resist the temptation of last minute cramming even if you did not cover everything
  - High levels of adrenaline and tiredness will impair your reasoning, thinking, remembering
How should I study? Personal suggestions

- Remember group study is also a good way to improve grades
  - Study the material alone
  - Review and discuss the studied material with your group
Nothing is working....

- Get specialized help.
  - Pam Love–White (counselor)
    - Email: plove–white@collin.edu
    - For appointment email Yajaira Suarez: ysuarez@collin.edu
    - Phone: 972–548–6615
Nothing is working...

- **Tutor request form** on the college's website: [www.collin.edu](http://www.collin.edu)
- click on "Student Resources"
- click on "Tutoring Services"
- They are free of charge
- Come and go as you please. No need to register